

ERG General Board Meeting – September 2025

At the annual meeting on 8 September 2025, the ERG Conference appointed a new President, Gavin Ford, Vice-Chair of the UK Reiki Federation. Congratulations Gavin, and thank you for your commitment to serving our European Reiki community.

Gavin takes over from Nico Michielson, President of Reiki Vereniging Cirkel Holland. After a very successful term, Nico is stepping down to focus on his health, but he will continue to contribute to ERG and to Reiki in the Netherlands. We thank you sincerely, Nico, for your leadership and dedication.

We are also pleased to confirm that Sarah Laing, UK Reiki Federation, has been reappointed as Secretary, and Oana Coccis, Romania, has been reappointed as Treasurer. Thank you both for your expertise and for generously giving your time.

Going forward, the ERG Conference will meet every two months. The next meeting will be held in November 2025.



Word of the President...

Dear friends,

It is a real honour to write my first message as President of the European Reiki Group. I feel excited, proud and deeply humbled to take on this role, and I want to thank you all for the trust and support you have shown me.

With this newsletter we are starting a new tradition: a regular “Word of the President” section. In each edition I will share a few reflections, updates, and thoughts about our shared journey as a European Reiki community. My hope is that this will help us stay connected, inspired, and moving forward together.

We have shared a video interview on our YouTube channel, and this is a chance for you to get to know me a little better - who I am, why I am here, and what I hope to contribute in this role. Watch my interview here: <https://youtu.be/JvtaQS88MC8>

For now, I simply want to say how grateful I am to walk this path alongside such dedicated colleagues and friends. Together we will continue to strengthen Reiki in Europe, share its benefits more widely, and support each other as a community.

With gratitude and Reiki blessings,
Gavin Ford
President, European Reiki Group

Have an article to submit?

Email: media@europeanreikigroup.org
Website: www.europeanreikigroup.org



Online Meditation Circles



The ERG online meditation circles are designed to strengthen our European Reiki community through shared practice and connection. These bimonthly circles have so far been hosted by the UK Reiki Federation, Reiki Vereniging Cirkel Holland, ÖBRT Austria and Reiki Alliance Deutschland. View October's medi-circle here: <https://tinyurl.com/5exctdpx>

The next circle will be led by Jo Fellows for the UK Reiki Federation, on 17 November 2025 (evening).

We warmly invite you to join. For more details: <https://tinyurl.com/3d9s9sxu>

Sweden Welcomes New Representatives

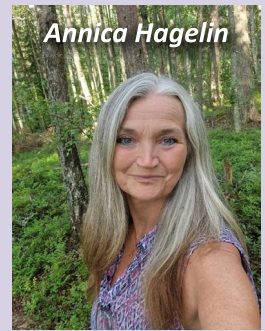
After two years of valued service with the ERG Media Team, Anna-Sofia Westerlund is stepping down to dedicate herself to her role as Vice-President of Förenade Reikiförbundet. We are grateful for her contributions and wish her every success in her continuing Reiki work.

Sweden is now represented by two new delegates:

- Annica Hagelin, Membership Coordinator, Förenade Reikiförbundet, who also runs her Reiki clinic full-time.
- Maria Lohrant, Reiki Practitioner and healthcare professional, who integrates Reiki into her daily life and work.

Both Annica and Maria have already joined the ERG Media Team. We look forward to working with them and invite you to get to know them in this short interview:

<https://youtu.be/QrfqAMthFm4?si=RD17St2wTbrMts3Q>



EUROCAM News

The EUROCAM Committee has encouraged all members to respond to the recent European Commission survey on the EU4Health Annual Work Programme 2026.

This is an important opportunity to ask European authorities to promote and integrate Traditional, Complementary, and Integrative (TCI) therapies into national healthcare systems.

European surveys consistently show that the majority of citizens would like access to traditional complementary approaches. The best opportunity for Reiki integration is to highlight its origins as a traditional Japanese healing practice. The World Health Organization also supports the promotion of traditional methods, giving us strong ground to make our case.



The Path of Reiki Accreditation in Romania

In Romania, the Reiki community has been on a long journey towards official recognition. Enikő Simon, founder of the Usui Reiki Association, explains how practitioners have worked since 2006 to create safe spaces for Reiki, develop ethical codes, and raise awareness about Reiki as both a health-supporting and spiritual practice.

Over the years, efforts have focused on two routes to recognition: accreditation as a profession (through the Ministry of Labour) and accreditation as a complementary therapy (through the Ministry of Health). Recent progress has seen Reiki included in EU-level discussions on Traditional, Complementary and Integrative Medicine (TCIM), and Romanian officials beginning to prepare standards for complementary therapies. However, changes in government priorities mean that the process is currently on hold.

Looking forward, there is a strong emphasis on building a scientific evidence base for Reiki – drawing on quantum physics, neuroscience and clinical research – while ensuring that personal and spiritual practice remains open and inclusive. The article also highlights the potential for greater European collaboration, with the UK providing a model for regulation and integration into healthcare.

You can read Enikő's full article, "The Path of Reiki Method Accreditation/Recognition in Romania", on our website: <https://europeanreikigroup.org/?p=32915>

